

EXCLUSIVE
INTERVIEWDemi Lovato
**HER INCREDIBLE
JOURNEY TO
THE TOP**Plus: Her
Fashion
Faves!**TAYLOR & CALVIN****TAYLOR'S
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RING**

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- * Inside their \$2 million English ceremony
- * 450 guests and 14 bridesmaids!
- * Why she’s taking Calvin’s last name

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INSIDE HER
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OK! CONTENTS



**COVER
STORY**

34

LOVE STORY

Taylor Swift gets her happily ever after with Calvin Harris.

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HOT STORY

6 Victoria Beckham fuels rumors of trouble in her marriage to **David** by removing her tattoos — which all pay tribute to their love.

OK! INSIDER

8 Kim Richards continues to spark concern with her erratic behavior. Plus; Costars **Selena Gomez** and **Zac Efron** get wild at an Atlanta strip club!

NEWS IN PHOTOS

16 Khloé Kardashian sports a new look, while **Jake Gyllenhaal** lends his star power to a good cause and **Emily Blunt** gets patriotic.

COVER STORIES

34 Taylor Swift's planning her dream wedding with **Calvin Harris** — and they want to start a family right away!

40 After months of trying to fix their broken relationship, **Eva Mendes** prepares for a messy split from **Ryan Gosling** and the inevitable custody fight over their daughter.

42 Caitlyn Jenner is miserable as her show's ratings plummet and she faces a public backlash.

45 Demi Lovato reflects on success, facing her fears and her newfound confidence.

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JANE THE
VIRGIN

WHAT'S A VIRGIN MOTHER TO DO?



MON 8/7c **THE CW** **DARE TO DEFY**

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COUPLES NEWS

30 **Johnny Depp** and **Amber Heard**

kiss — and bicker — at his movie premiere. Plus: Are **Katie Holmes** and **Jamie Foxx** moving in together?

FEATURES

38 **Duchess Kate** debuts a new 'do and thin frame in her first royal appearance since **Princess Charlotte** was born.

FASHION & BEAUTY

52 *Scream Queens* star **Keke Palmer** opens up about her personal style.

54 Four fashion and beauty rules that were made to be broken. Plus: **Jeff Abrams** (whose designs have been seen on **Kendall Jenner** and **Jessica Alba**) talks about his collection.

56 We rounded up fall's best beauty products — from no-cake powder to high-volume mascara and a self-tanner you can use in the shower.

ENTERTAINMENT

60 *OK!*'s picks for what's hot in TV and movies this week.

BUZZ

64 This celebrity's shocking one-day makeover had us scratching our heads. Peep the pic to see if you can figure out who it is!

ALSO IN THIS ISSUE

RED CARPET	12
WHO WORE IT BETTER	14
OK! OR NOT OK!	28
CELEB COOKBOOK	51
BODY & SOUL	62
BY THE NUMBERS	72



A LOSING BATTLE

What would Eva Mendes and Ryan Gosling's breakup mean for daughter Esmeralda?



LUCKY STREAK

Joe Manganiello gambled at the opening of Lavo Casino Club in Las Vegas. For more stars out and about, see News in Photos.



FRONT AND CENTER

Jaime King hydrated with FIJI water at the Jason Wu show. For more New York Fashion Week coverage, see Buzz.

A GREEN MACHINE

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5 ASCENT GUM

AN INTENSIFYING WINTERMINT



STIMULATE YOUR SENSES

POSH SCRAPS HER TATS

VICTORIA BECKHAM IS UNDERGOING PAINFUL LASER TREATMENTS TO REMOVE HER TATTOOS — ALL TRIBUTES TO HUBBY DAVID

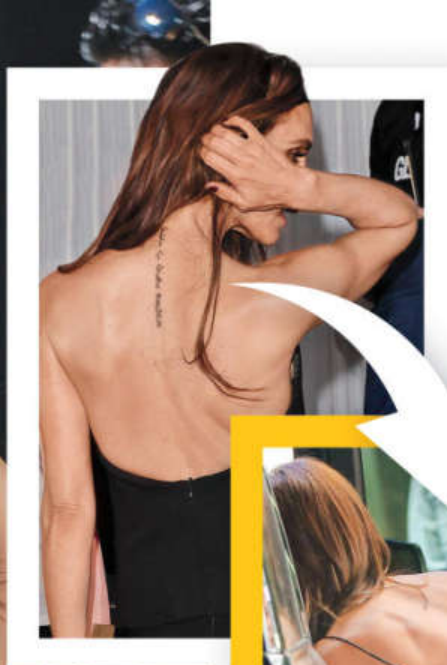
Victoria Beckham is a no-nonsense fashion designer whose own style is refined, with a touch of severity; is it any surprise that she's ditching the vestiges of a less-elegant era by lasering away her tattoos?

It may seem just so simple, but sources say Victoria's sudden dash to whitewash her ink has far weightier implications. "She's suspiciously removing all the symbols of love she had for her husband, **David**," says an insider. "It

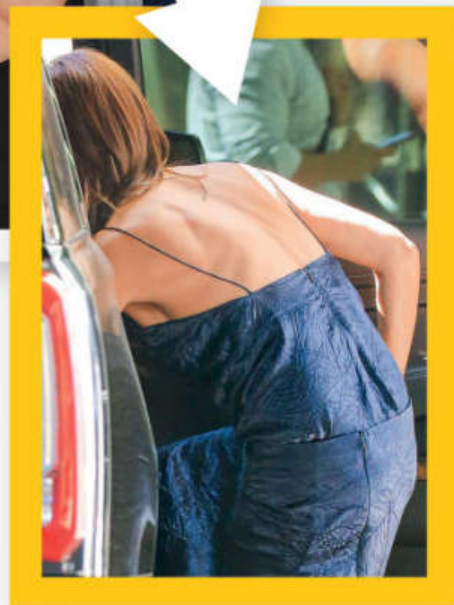
doesn't bode well for the marriage."

Since tying the knot in 1999, Victoria, 41, and David, 40, have hit many a milestone — several of which have been commemorated in permanent ink. Victoria sports five stars on her lower back, one each for her and David, the other three for sons **Brooklyn**, 16, **Romeo**, 13, and **Cruz**, 10. (Daughter **Harper**, 4, hadn't yet been born; but not to worry, her name is now sprawled in massive letters on Daddy's neck.)

Among several tributes to Victoria's soccer player husband are a Hebrew marriage vow crawling



BACK STAB
Victoria's marriage-vow tat pulled a disappearing act!



down her back; a set of Roman numerals to mark their 2006 vow renewal; and a Latin phrase about starting anew, from when the British couple moved to L.A. in 2007.

When Victoria showed her new collection at New York Fashion Week in September, all were noticeably lighter — and sources insist that months of painful laser treatments signify not a style choice but, as OK! reported earlier in the month, the possible dissolution of the marriage.

"Victoria and David have grown so far apart — they have more of a business partnership than a marriage," says a source. "They gush about each other on social media, but it's all part of Brand Beckham."

Indeed, they've been spending less and less time together, with David prioritizing trips to Miami — where he's building a soccer team — and Victoria immersing herself in work in London. "Victoria's been pulling away," says the source. "The tattoo removal is just the latest sign. They simply want different things." **OK!**

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OK!

THE LATEST CELEB NEWS

INSIDER

Kim Richards' sad saga continues to spiral downward. On Sept. 14 — the same day the troubled *Real Housewives of Beverly Hills* star was given three years' probation and ordered to complete 30 days of community labor and 52 Alcoholics Anonymous classes for an April incident at the Beverly Hills Hotel — news broke that she'd reportedly visited an L.A. smoke shop three times, trying to buy Xanax without a prescription for a "foot injury." (Never mind that the shop doesn't sell the antianxiety drug.) Though Kim, 51, was in rehab over the summer and recently claimed on Twitter that she's sober, her loved ones are preparing themselves for the worst.

"Kim has completely broken down," an insider tells *OK!*. "Booze isn't the real problem; it's not like she's some young starlet who's just partying too much."

Kim, who still faces charges for allegedly shoplifting at Target in August, "has put her whole family through the wringer this year," a source says.

There's more going on with her than just addiction. She definitely suffers from some sort of mental illness or instability." Meanwhile,

Kyle Richards is taking a tough-love approach to her older sister's problems, for which she's endured some criticism. "Kyle is heartbroken about Kim, and it's killing her to step back, but she feels she has to right now," says the source. "People can say what they want, but she's tried to get Kim help. Sometimes letting an addict bottom out is the only solution."

KIM HITS ROCK BOTTOM

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OK! INSIDER

Passengers on a recent flight with Heidi Klum were happy to say *auf wiedersehen* to the fashionista. Though Heidi's rep denies the incident, a source says she was upstairs on the double-decker plane, sipping champagne in first class, while her children — Leni, 11, Henry, 10, Johan, 8, and Lou, 5 — were bouncing off the walls in business class with their nannies. "They wouldn't buckle their seat belts, and the plane couldn't leave the gate," says the source. "Heidi refused to calm her kids after being asked repeatedly, saying the nannies would take care of them. Finally, she demanded to be let off the plane. It took a lot of time to unload their luggage, and the airline was charged for the gate delay." That's not making it work, Heidi!

She may take a firm hand when judging talent, but a source says Heidi refused to corral her rambunctious brood on a plane trip.

HEIDI FLIES OFF THE HANDLE!

MASON TOO COOL FOR SCHOOL?

Filming a reality show is an education, but not the kind a child needs! A source says **Mason Disick**, who turns 6 on Dec. 14, wasn't enrolled in kindergarten this year because he's essential to the new season of *Keeping Up with the Kardashians*, which will follow the split between his parents, **Kourtney Kardashian** and **Scott Disick**. "He should be learning his ABCs, not running lines," the insider says. "But the Kardashians are all business."

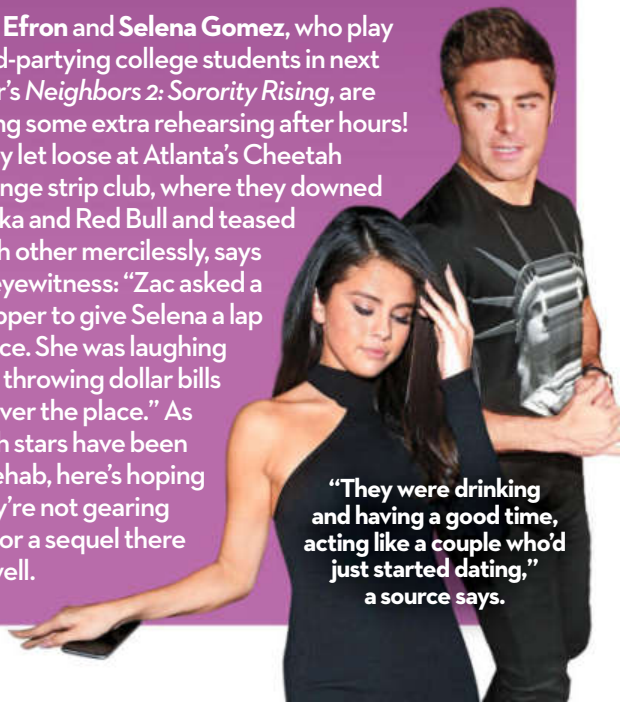


Mason "has yet to experience socializing at school with friends, like a normal kid," says a source.

SELENA & ZAC'S STRIP-CLUB THROWDOWN

Zac Efron and Selena Gomez, who play hard-partying college students in next year's *Neighbors 2: Sorority Rising*, are doing some extra rehearsing after hours! They let loose at Atlanta's Cheetah Lounge strip club, where they downed vodka and Red Bull and teased each other mercilessly, says an eyewitness: "Zac asked a stripper to give Selena a lap dance. She was laughing and throwing dollar bills all over the place." As both stars have been in rehab, here's hoping they're not gearing up for a sequel there as well.

"They were drinking and having a good time, acting like a couple who'd just started dating," a source says.



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**Katharine
McPhee**

A nipped-at-the-waist Naeem Khan gown flaunted Kat's enviable figure at the Creative Arts Emmy Awards.



**Elisa
Sednaoui**

The actress glowed at the Venice Film Festival in an Armani Privé dress, complete with Buccellati jewels.



**Julianne
Hough**

Julianne accepted her Creative Arts Emmy for Outstanding Choreography looking red-hot in Jenny Packham.

BRIGHT IN EMBELLISHED GOWNS

RED CARPET



Amber Heard

Heads turned for Amber, in an embroidered Elie Saab Couture gown, at the premiere of *The Danish Girl* at the Toronto International Film Festival.



Diane Kruger

From her Prada gown to her Kwiat jewels and Lee Savage clutch, Diane was picture perfect at the Everest premiere.

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**Star style
showdown!**

Who wore it BETTER?

OUR FASHION EDITORS MAKE THE CALL



**Kristen
Did!**

**Dove
Cameron
vs. Kristen
Taekman**

The voluminous skirt on this Maggy London A-line hit model and *RHONYC* star Kristen at a more flattering place.



**J.Lo
Did!**

**Jennifer
Lopez vs.
Garcelle
Beauvais**

Props to Garcelle for showing some leg, but thigh-high boots kept J.Lo looking edgy and sexy in Rachel Zoe.



**Jamie
Did!**

**Olivia
Palermo
vs. Jamie
Chung**

Olivia rocked a fun updo with her *Lovers + Friends* jumpsuit, but Jamie nabbed the win by wearing it sans unnecessary belt.

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OUT



NEWS IN PHOTOS

THE WEEK'S HOTTEST



Blonde and
bronze!

FACE VALUE

NEW YORK CITY, SEPT. 14

Debuting yet another new look, a very done-up **Khloé Kardashian** sparked rumors she'd had a nose job as she left an Apple Store event where she and her sisters each introduced their own lifestyle apps.



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GOING STRONG

MALIBU, SEPT. 13

Rande Gerber and his wife, Cindy Crawford, are the model of a healthy relationship! The longtime couple — married for 17 years — donned hats and sunglasses and clasped hands for an afternoon stroll.

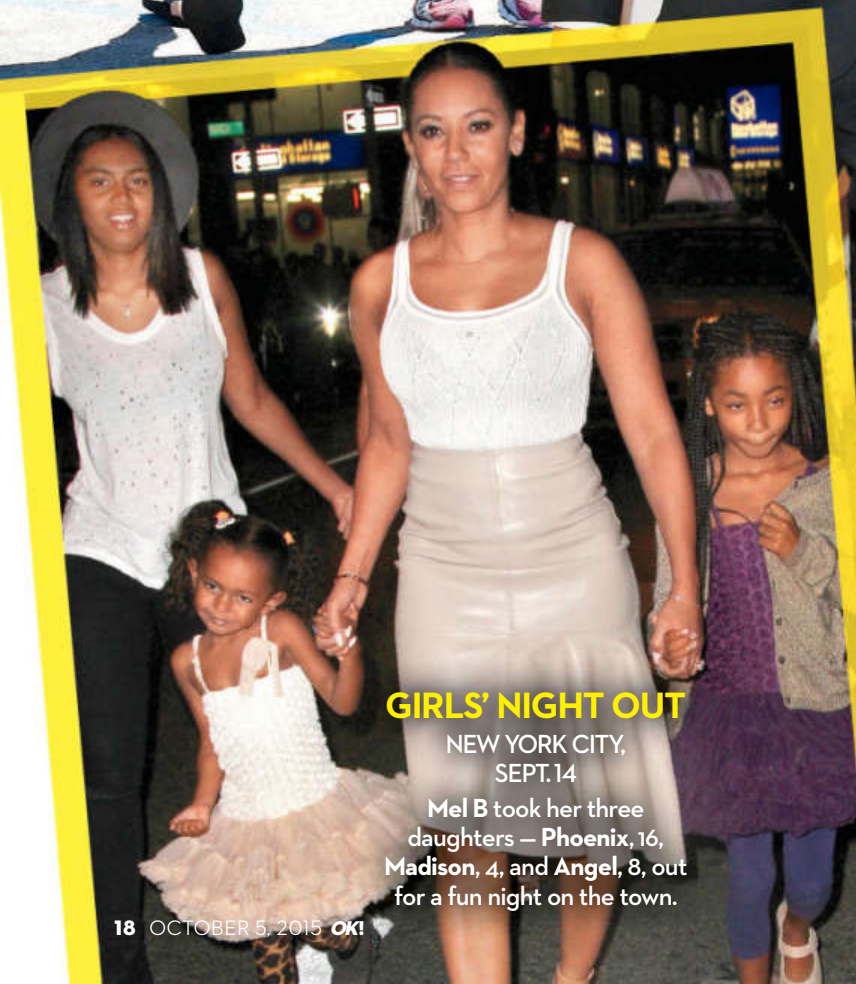


Dressed to the nines!

DAPPER DUO

LONDON, SEPT. 14

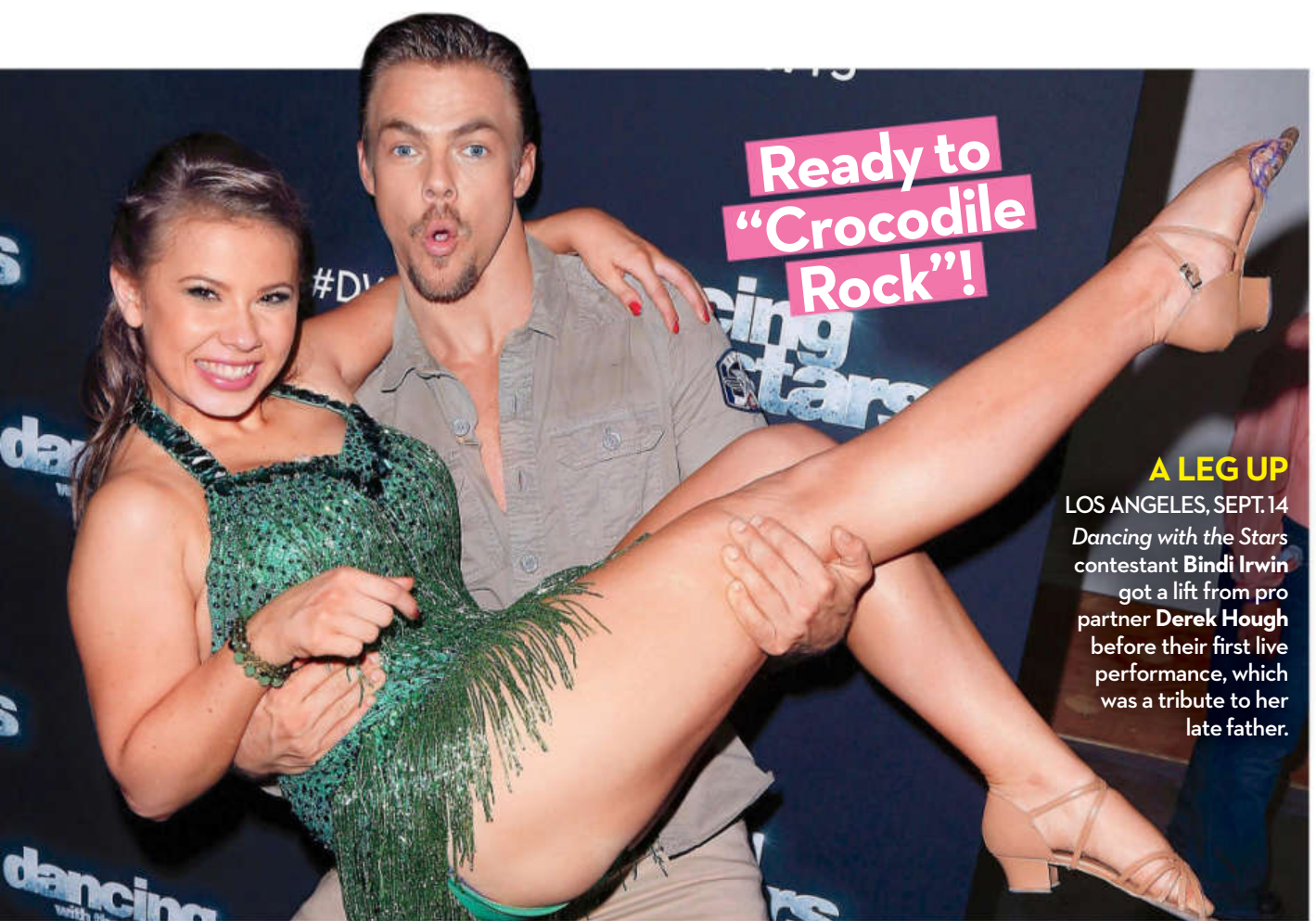
Country crooner Keith Urban led the way for wife Nicole Kidman as they left a press event for her new West End play, *Photograph* 51.



GIRLS' NIGHT OUT

NEW YORK CITY, SEPT. 14

Mel B took her three daughters — Phoenix, 16, Madison, 4, and Angel, 8, out for a fun night on the town.



Ready to
"Crocodile
Rock"!

A LEG UP

LOS ANGELES, SEPT. 14

Dancing with the Stars contestant Bindi Irwin got a lift from pro partner Derek Hough before their first live performance, which was a tribute to her late father.

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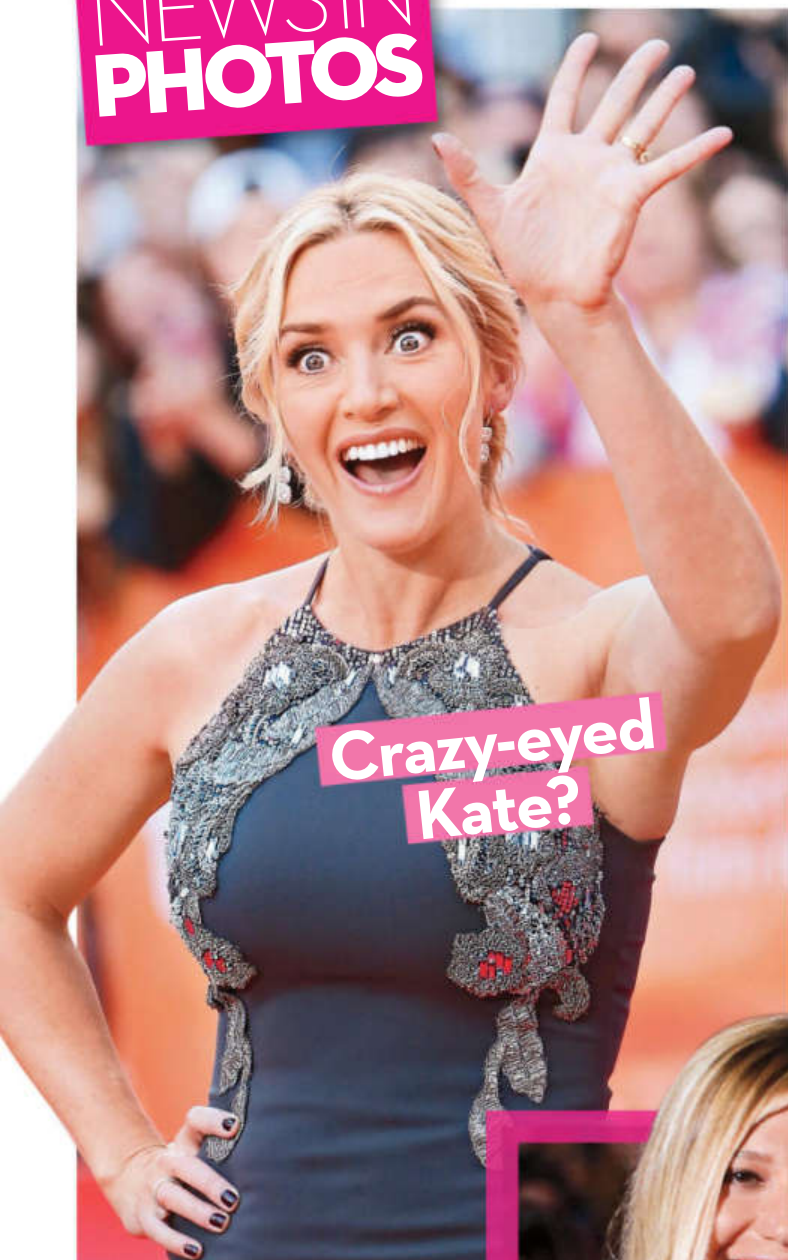


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NEWSIN PHOTOS



**Crazy-eyed
Kate?**

DRESSED TO KILL

TORONTO, SEPT. 14

Kate Winslet wowed in an embellished dark-gray frock at the premiere of her latest flick, *The Dressmaker*. "To me, it's a gothic comedy, a dark comedy... [with] a profound story at its heart," the actress shared of the film, which follows her character's vengeful return to her hometown.



DIPPED AND DYED

LOS ANGELES,
SEPT. 13

She's just a girl... who loves to change up her look! Gwen Stefani showed off her new color-blocked hairstyle while out and about.



LUCKY IN LOVE

TORONTO, SEPT. 13

Ellen Page and her partner, artist Samantha Thomas, made their red-carpet debut at the premiere of Ellen's new movie, *Freeheld*. "Walking down the carpet holding my girlfriend's hand is pretty special," the star gushed.

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NEWSIN PHOTOS

CELEBS WHO CARE

THESE STARS ARE HAPPY
TO LEND A HAND FOR THE
GREATER GOOD

PUCKER UP, PUP!

MONTECITO, CALIF.,
SEPT. 12

Priscilla Presley received the Humane Campaigner Award at a Humane Society of the United States benefit. The animal crusader, who has four dogs of her own, cuddled a new friend at the event.

A call you
don't want
to miss!

SMOOTH OPERATOR

NEW YORK CITY, SEPT. 11

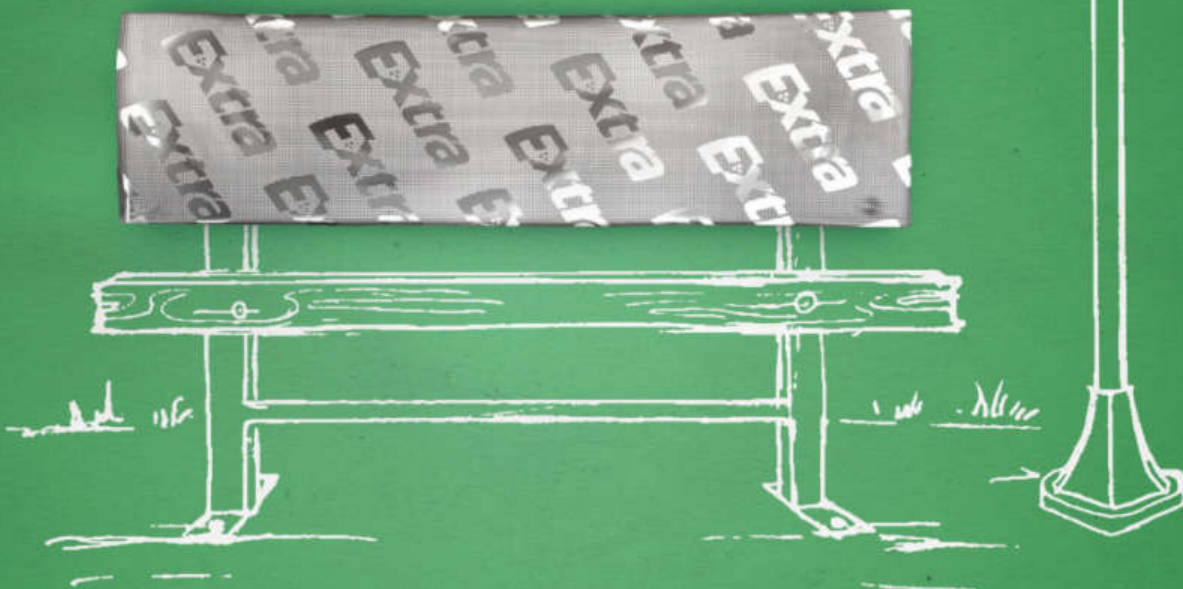
Jake Gyllenhaal's not just a scruffy face — the actor's charm helped Cantor Fitzgerald and BGC raise \$12 million on their annual charity day.

PAYING IT FORWARD

LOS ANGELES

Charlize Theron opened up her wallet for a disabled panhandler outside a convenience store. She's cashing in on good karma!

CONVERSATIONS ABOUT
NOTHING IN PARTICULAR



Sometimes, the little things
last the longest.

give



extra.

WEDDING BELLS

BEVERLY HILLS, SEPT. 13

Check out that sparkler! Emmy Rossum stepped out with her fiancé, writer-producer Sam Esmail, for the first time since announcing their engagement.



GLAM GIRLS

NEW YORK CITY, SEPT. 12

Blake Lively joined best friend Angie Niles at Ladurée SoHo to celebrate the release of Angie's *Bright Lights Paris*, a cool girl's guide to the City of Light.

BLONDE AMBITION

TORONTO, SEPT. 12

Drew Barrymore attended the premiere of her upcoming dramedy, *Miss You Already*. The actress called the film, about a woman and her cancer-stricken friend, "such a celebration of life."

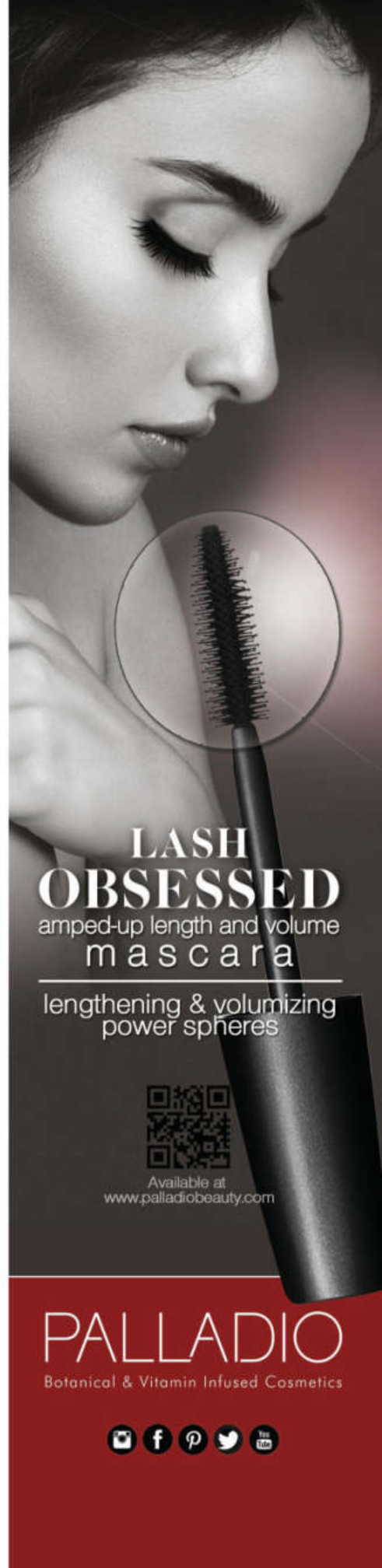


The real
Miss USA!

A WARM WELCOME

LOS ANGELES,
SEPT. 14

To celebrate Emily Blunt's newly granted American citizenship, Ellen DeGeneres had the British actress dress as the Statue of Liberty and sing a verse of "Yankee Doodle." Of course, Ellen snuck in a prank by having a man dressed as Uncle Sam scare Emily during her performance!



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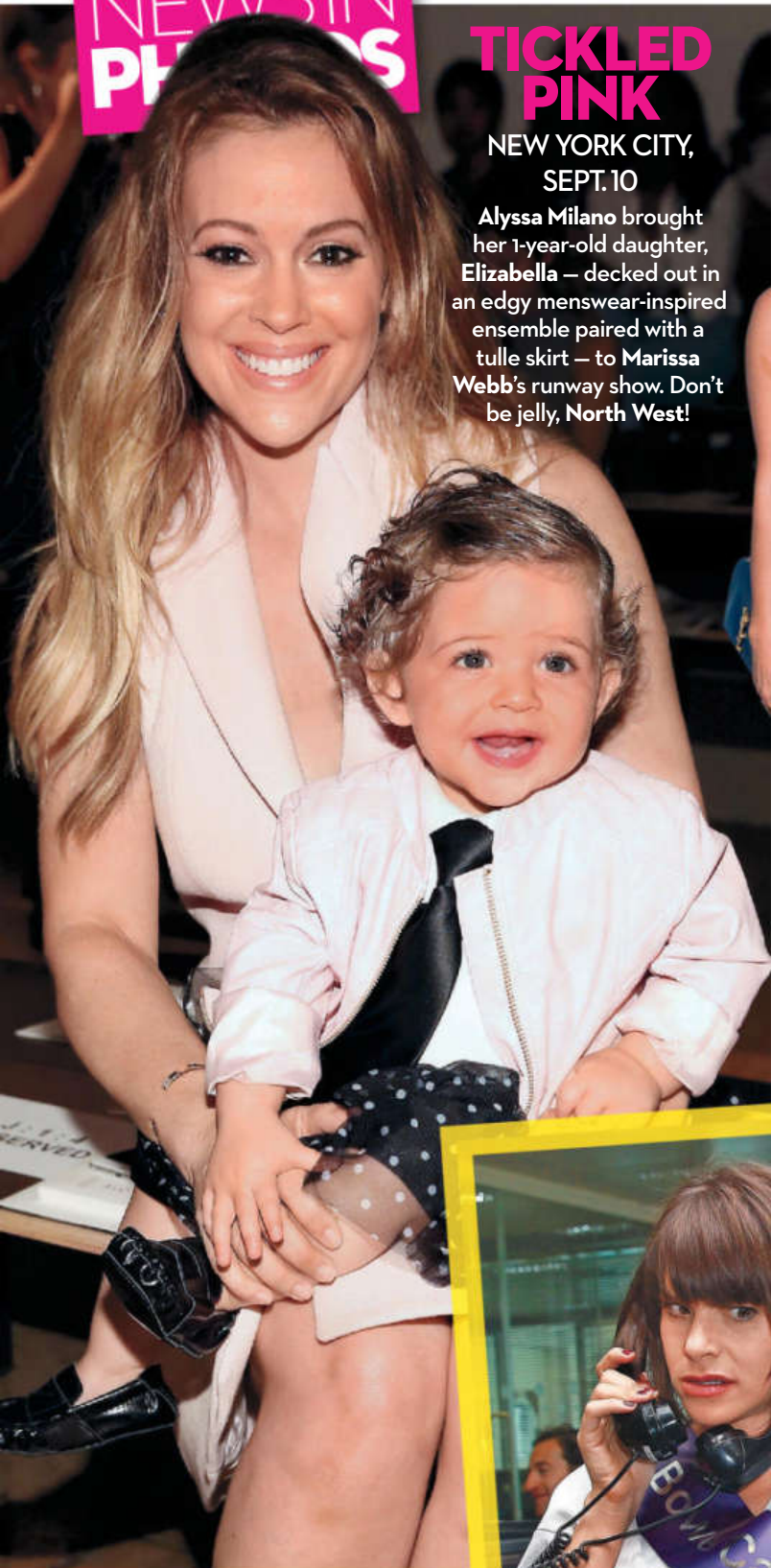
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TICKLED PINK

NEW YORK CITY,
SEPT. 10

Alyssa Milano brought her 1-year-old daughter, **Elizabella** — decked out in an edgy menswear-inspired ensemble paired with a tulle skirt — to **Marissa Webb's** runway show. Don't be jelly, **North West!**



STYLE SQUAD

NEW YORK CITY, SEPT. 9

Chrissy Teigen and **Ashley Tisdale** supported **Lauren Conrad** at her first-ever New York Fashion Week runway show for her **Kohl's** line.

MONEY TALKS

LONDON, SEPT. 11

Tom Hardy and his wife, **Charlotte Riley**, brokered deals for a good cause on the trading floor at **BGC Global Charity Day**.



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**OK! OR
NOT OK!**

With the Today show's
Kathie Lee &
Hoda

RIDING A MEGABOARD THROUGH THE AIRPORT



SKRILLEX SCOOTs AROUND

It's not just Skrillex's beats that are ahead of the game — the DJ got to his gate in record time in August using the self-balancing board.



BROOKLYN MAKES A BEELINE

While his family was stuck schlepping it the old-fashioned way en route to London on Sept. 1, Brooklyn Beckham glided through the traffic with ease.



INSTAGRAM/ @VICTORIA BECKHAM



WIZ ZIPS ON BY

In August, Wiz Khalifa had a run-in with LAX security, who thought his scooter was unsafe in the airport's crowds. Weeks later, he was back on the board, whizzing past everyone!

KATHIE LEE says: "It seems like an accident just waiting to happen, doesn't it? And I'm not sure it's legal."

FOR MORE "OK! OR NOT OK!"
WITH **KATHIE LEE** AND **HODA**,
TUNE IN TO THE TODAY SHOW,
THURSDAYS AT 10 AM ET ON NBC.

HODA says: "With all the moving sidewalks and escalators, I think the airports have us covered. Plus I, for one, could use the exercise!"

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COUPLES

Johnny
& Amber's

FIERY LOVE

An insider says Amber is concerned by Johnny's portly appearance and has begun dictating his diet: "She says he looks like a mess now."

At the Sept. 14 premiere of **Johnny Depp's** new film *Black Mass* at the Toronto International Film Festival, photographers captured the passion on the red carpet between the star and his wife, **Amber Heard**, who kissed and cuddled for the cameras. But away from the shutterbugs, a source says, the newlyweds got hot and bothered in a different way.

Amber, 29, hovered near her hubby as he schmoozed, and when she saw him chatting with a young woman, the source says, "she stormed over and

tried to butt in." When Johnny, 52, continued the conversation, she "looked livid" and quickly pulled him aside.

The source says, "She talked to him like a child. Johnny smiled awkwardly and seemed to calm her down, because the next minute they were holding hands again and she was all smiles."

According to the insider, this volatility is nothing new for the couple, who wed in February and bicker about everything from his female fans to Johnny's recent weight

gain: "Amber is very loving toward Johnny — but if things aren't the way she wants, all hell breaks loose."

Friends who've witnessed the actor bend to Amber's controlling ways are wondering what happened to his rebellious spirit. "He's blinded by love," the source says. "He'll do anything she wants — and she knows it."



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Entering the family business should be easy for **Ava Phillippe**; her parents, **Reese Witherspoon** and **Ryan Phillippe**, are star actors, and her stepdad, **Jim Toth**, is a bigwig at talent agency CAA. But a source says that protective Reese, 39, is worried the 16-year-old is too young to start a career — and it's creating tension with Jim, 45. A rep for the couple denies it, but the source maintains, "Ava has shown interest in acting, but Jim and Reese disagree about whether she's ready. Jim thinks she should go for it, but the idea makes Reese nervous." Because she started acting at 14, Reese is well aware of the pressures young women face in Hollywood, so she's ready to put her foot down if necessary.

"Reese feels like she lost part of her childhood because she started acting so young," the source says. "She wants Ava to enjoy her teen years."

Reese & Jim AT ODDS OVER AVA



A source says Ed's work is "taking a toll" on their marriage.

Katie & Jamie MOVING IN!

After two years of hush-hush dating, **Jamie Foxx** and **Katie Holmes** are taking the next step: living together. Despite official denials, a source says the actor, 47, has invited Katie, 36, to shop with him for a home they can share near the Westlake Village, Calif., mansion where he currently lives with his kids and extended family. While he's long been reluctant to move the relationship forward for fear of upsetting his pal and Katie's ex, **Tom Cruise**, the source says he "realized he needs to be honest" about his feelings. Time to face the music, Jamie!



Katie and Jamie held hands and played footsie at a nail salon in March.

Christy & Ed SEPARATE LIVES

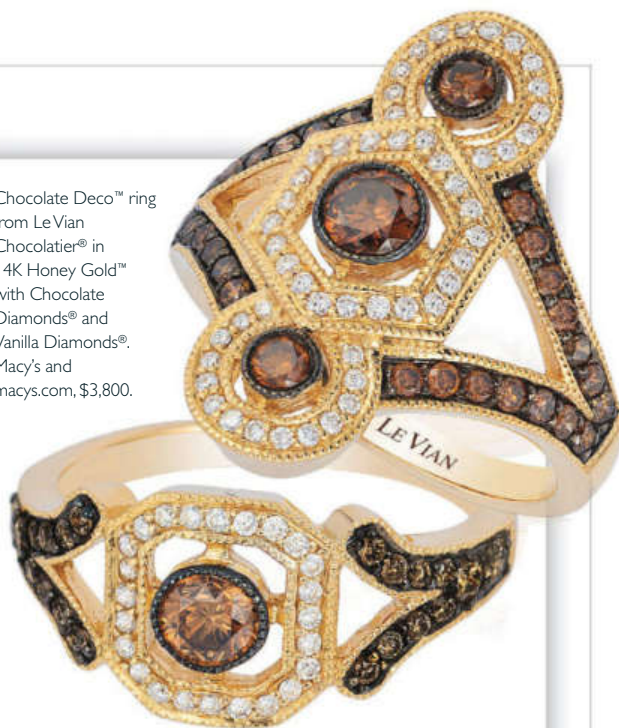
Just a year ago, **Christy Turlington** and **Ed Burns** starred in a steamy Calvin Klein ad where they rolled around on the beach kissing. But the reality of their 12-year marriage is a little different. Now that Ed is directing, producing and starring in TNT's *Public Morals*, a source says, the couple hardly spend any time together. Ed, 47, "leaves at the crack of dawn and comes home late," the source says. So Christy, 46, is left juggling her career as a model and caring for their kids, **Grace**, 11, and **Finn**, 9. "She's happy for Ed's success," the source notes, "but she's scared that it's hurting their relationship, and Ed isn't picking up how serious she thinks the problem is."

CHOCOLATE DECO™

This Roaring 20s Design has
Never Looked so Sweet!

Eddie LeVian, designer and CEO of Le Vian Corp., is sweet on Deco, the architectural jewelry design popular in the 1920s. "Le Vian's reinvention of the traditional Deco theme coincides with the looming 100th anniversary of the Deco design" tells LeVian. "Chocolate Deco™ is the romantic reinvention of this design. We've added rounded, feminine elements to the angular structure for a chic look that will transcend time."

Chocolate Deco™ ring
from LeVian
Chocolatier® in
14K Honey Gold™
with Chocolate
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Macy's and
macys.com, \$3,800.



Chocolate Deco™ Ring from LeVian Chocolatier® in 14K Honey Gold™ with Chocolate Diamonds® and Vanilla Diamonds®. Macy's and macys.com, \$1,750.

Do You Desire Chocolate Deco™?

Just introduced in June as the 2016 Design Trend of the Year, this delicious design is already a red carpet favorite, and has been seen on the best dressed in Hollywood.

**THE 2016
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TREND OF
THE YEAR!**

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Vanilla Diamonds®.
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Chocolatier® in 14K Vanilla Gold® with
Chocolate Diamonds® and Vanilla
Diamonds®. Macy's and macys.com, \$1,500.



LeVian Red Carpet®
Chocolate Deco™ Ring
in 14K Vanilla Gold® with
Chocolate Diamonds®
and Vanilla Diamonds®.
877-2LEVIAN or
levian.com, \$3,700.



LOVE STORY

Calvin has said Taylor is everything he was looking for, and then some: "She ticks boxes I didn't even know existed."

W
E



CALVIN & TAYLOR

Wedding & ABaby!

A COUPLE SINCE FEBRUARY,
TAYLOR SWIFT AND **CALVIN HARRIS**
ARE READY TO MAKE A LIFE TOGETHER

THE GODMOTHER

Taylor's godson Leo (below with his mom, **Jaime King**) has given her baby fever!

As a producer, **Calvin Harris** has collaborated with everyone from **Gwen Stefani** to **Rihanna**.

But *outside* the studio, a source says, **Taylor Swift** is the only woman he wants to make beautiful music with. Not only is the Scottish DJ beyond smitten with his pop-star girlfriend of the past seven months, but the source also says that he's planning on proposing to her by the end of October!

The 31-year-old musician, whose real name is Adam Wiles, was even spotted ring shopping at Beverly Hills jeweler XIV Karats in early September. "He said he wanted something 'very special' for Taylor,"

an eyewitness reports. "He was asking about the best [gemstone] cuts and eyed a ring that was \$1.4 million! He was clearly eager to get the perfect rock, no matter the cost."

But Calvin needn't feel too nervous: The source says that Taylor can't wait to marry him. "She's not shy about telling anyone who'll listen that she loves him, and she's not being coy around him either; at a recent dinner, she blurted it out and asked him if he'd ever consider marrying her!" Some guys would have run, but Calvin found it "adorable," the source says. "Now he wants to do it all properly; he's even going to ask her dad for his approval."

SPEAK NOW They're not officially engaged — yet — but that hasn't stopped Taylor and Calvin from talking about wedding venues. Right now, the five-star Coworth Park Hotel, right, in the countryside near London, is the front-runner!



OK! COVER STORY



“This is the strongest relationship Taylor’s ever been in, and she wants to celebrate that in front of her friends and family”
— A FRIEND

BIG PLANS

Of course, the fact that things aren’t yet official hasn’t stopped either of them from thinking ahead about everything from what kind of ceremony they’d like to how many children they’ll have. “Her mom’s recent cancer scare has made Taylor aware of how short life can be,” the source says. “And Calvin wants to prove that their love is more than just a fling.”

To that end, the source says, they’re planning “a huge celebration of their love,” with 450 guests and a price tag that could top \$2 million. (Taylor also expects to have as many as 14 bridesmaids, likely including a significant swath of the cast of her model-packed “Bad Blood” video.) The ceremony and reception will likely take place at the Coworth Park Hotel, in England, which suits them both, the source says, because “Taylor considers herself a country girl at heart, and it’s not far from Calvin’s family, which is important to him.”

After the wedding, the source continues, Taylor plans to take Calvin’s (real) last name. “Taylor’s a

traditional girl at heart,” the source reveals. “She can’t wait to call herself Taylor Wiles, though she’ll still use Swift professionally.”

AND BABY MAKES THREE

Once they’re wed, they’ll likely start trying to have a baby immediately. “Calvin’s ready, and he’d like to have at least three children,” the source says, adding that the DJ has told pals he hopes the first baby will be a boy. Taylor has, in the past, been more circumspect about her parenting plans, saying, “I don’t know if I’ll have kids,” but the source insists that was mostly a cover. “She didn’t know if she’d ever meet anyone who would make her really happy, so she defended herself by acting like she didn’t care either way about marriage and children. The reality of the situation is very different.”

Especially now that she’s found Calvin. “She’s sure that he’s The One,” the source says, “and she wants to embrace all that’s good in her life. It’s an exciting time for them, and they’re eager to start this new chapter.”

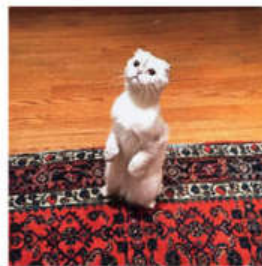
OK!

ON THE RECORD

Calvin and Taylor’s Instagram accounts have served as a fan-friendly archive of their romance

SMITTEN KITTEN

In April, Calvin tested the waters by posting a shot of Taylor’s beloved cat Olivia Benson — a clear sign to in-the-know Swifties that they were dating.



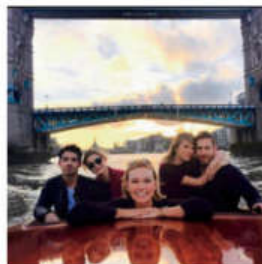
SWAN SONG

In early June, the already public pair went Instagram official, when Taylor added this pic. “They’re crazy about each other,” a source says.



DOUBLE DATE

The couple toured London with Taylor’s pals Karlie Kloss and Gigi Hadid, who’s dating her ex Joe Jonas — clearly no hard feelings there!



SNUGGLE BUNNIES

Taylor captioned this superlovey midsummer vacation pic: “Friendly relations between Scotland and America.” Indeed!



FRONT AND CENTER

Even a happy-birthday post ostensibly dedicated to BFF Karlie was all but taken over by Calvin. Pretty sure Tay had other Karlie pics to choose from...



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ADVANCED
REPAIR

OK! UPDATE

A worn-out Kate knows she needs to step up her styling again, says a source.

Call the GLAM SQUAD, KATE!

Duchess Kate

stepped out for the first time since giving birth to **Charlotte** — and raised eyebrows with her new look

Welcome back, Kate! After spending the summer at Anmer Hall with **Prince William** and their two royal bundles of joy, **George** and **Charlotte**, the wildly popular **Duchess of Cambridge** resumed her public duties on Sept. 17 with a solo visit to the Anna Freud Centre in London — and the Internet promptly melted down, as she displayed a new hairstyle to decidedly mixed reviews. While some observers called Kate's sideswept fringe, a version of which she previously sported back in 2012, "sensible and just a little bit Sixties," others wondered if it's simply a bid to look younger and hide stress.

It's all been a bit overwhelming for the 33-year-old duchess, who gave birth to Charlotte in May.

NO FRINGE BENEFITS

The duchess' new 'do came under intense scrutiny, with many declaring it less-than-bangin'.

"Kate is quite mortified by all the fuss people have been making," says a royal insider. "She wanted to freshen up her look, so she got some bangs. But like many women who make that decision, she quickly regretted it! Luckily, she has healthy hair that grows very fast."

RUNNING RAGGED

It's a pity that Kate's new 'do overshadowed what should have been her joyful return to the public eye, especially as her absence from several engagements after Charlotte's birth had stirred concern. When the duchess was MIA for the August wedding of friends, for example, Wills, 33, ended up attending with his sister-in-law, **Pippa Middleton** — and rumors flew that Kate is expecting again. ("In the past," says the insider, "it was always morning sickness that caused Kate to miss events.") But it could also be that she was suffering from the baby blues, according to the source, or was just plain exhausted.

In fact, many observers at Kate's recent outing noted her extremely svelte postbaby body, which even the

rather dowdy houndstooth Ralph Lauren shirtdress (\$1,595 retail) she was wearing couldn't hide. "Kate looked thinner than ever," says the source. "It's clear she spent the summer just looking after her kids. William tries to help as much as he can, but at the end of the day Kate is the one who gets up to feed Charlotte and rock her back to sleep; there are no night nurses. She did the same thing when George was a newborn."

And he's now a boisterous 2-year-old with "tremendous energy during the day," the source says. "Kate is adamant

that he shouldn't feel ignored because of his baby sister. She likes to take him to the park for some one-on-one time."

But now that Charlotte is finally sleeping through the night, "Kate is feeling refreshed and ready to face the public again," the insider says. "She really should have consulted a stylist before her first appearance — she knows it wasn't well-received. But Kate is used to setting trends, so she's determined to get back on track. She doesn't want to reflect poorly on the royal family."

OK!



OH, BABY!
Taking care of 5-month-old Charlotte has left Kate little time for herself.

Another Royal Surprise

Prince Harry turned 31 on Sept. 15, blowing out his birthday candles at a bash in the Cross Keys pub with an old flame by his side. But it wasn't **Chelsy Davy**, 29, whom he saw in Africa recently — it was 26-year-old **Cressida Bonas**! "Harry and Cressida were talking and flirting all night," says a source. "They kept cracking inside jokes, and Harry even gave her a kiss." Cressida, whose performance in *The Importance of Being Earnest* Harry caught in March, "was definitely the guest of honor," adds the insider. "There's undoubtedly still real chemistry there."



IN LOVE AGAIN?
Harry and Cressida looked cozy at this Chelsea pub.

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OK! LOVE LIVES

SPLIT DECISION?

Eva and Ryan, who named Esmeralda after a character in *The Hunchback of Notre Dame*, may soon be fighting over custody of their daughter.



EVA CHOOSING BA OVER RY

**EVA MENDES AND RYAN
GOSLING** CAN'T SEEM TO MAKE
IT WORK — AND SHE'S READY TO
FIGHT FOR BABY **ESMERALDA**

On Sept. 12, at their home in Los Angeles, **Eva Mendes** and **Ryan Gosling** celebrated the first birthday of their daughter, **Esmeralda**, the way they do most things: privately, with family and little fanfare. Ryan's mom and sister were reportedly there, along with Eva's sister, and the gifts included a rocking horse. Behind the scenes of the low-key event, however, sources say a battle is raging that will soon make the problems plaguing the couple all too public — and that Eva, determined to get out in front of their incipient split, has secretly consulted lawyers about an effort to obtain full custody of Esmeralda.

on doing everything for Esmeralda herself, which hasn't left much room for Ryan or even her own needs. "I'm a very hands-on mom; I don't have a nanny," she's said. "No matter how tired I am, I just do it." She's also admitted to putting in late-night hours obsessing over mommy blogs. "Eva's exhausted," says the insider. "Ryan would love for them to have a little time to themselves; he tells her she doesn't have to be Wonder Woman. But Eva thinks she'll be a bad mom if she accepts help."

For his part, Ryan, 34, hasn't slowed down his work schedule, though at first he tried to minimize the distance between them: When he filmed *The Nice Guys* in Atlanta shortly after Esmeralda's birth, a source told *OK!* he wanted Eva to join him with the



Eva hates that Ryan and Emma stayed close after filming 2011's *Crazy, Stupid, Love.*, says a source.

"I'M A VERY HANDS-ON MOM; I DON'T HAVE A NANNY. NO MATTER HOW TIRED I AM, I JUST DO IT"

"It's typical Eva — she has to be in control," the source says. "They're still living together, but already she's trying to organize her future as a single mother. Family and friends are telling her she's not thinking straight, that she's pushing Ryan away. But she's got blinders on."

MOTHER LOAD

BY
AN
From the start, as *OK!* previously reported, bringing up baby has accentuated Ryan's and Eva's different approaches to life. "He's incredibly easygoing," says a source, "and she's pretty much the opposite." In fact, Eva, 41, insists

baby. But Eva refused, preferring to stay close to home. Now "Ryan is happy to be at work, to be honest," says the source. "He hates being away from his daughter, but it gives him a breather from Eva."

NOT JUST A PHASE

Ryan was hoping that the couple, who fell in love while filming *The Place Beyond the Pines* in 2011, would regain their footing as they adjusted to parenting. "He kept convincing himself that Eva would relax once Esmeralda was out of her newborn phase and Eva was getting more sleep," the insider says. "But now he can see that their problems are more deep-rooted than that."

If there's a custody fight, don't expect Ryan, who once gushed that "being a father is something I'm thrilled about," to give in easily. The source adds, "He'll be devastated to learn that Eva has already consulted a lawyer."

IS EMMA TO BLAME?

Ever since Ryan reunited with his *Crazy, Stupid, Love.* costar, 26-year-old **Emma Stone**, to film the musical romance *La La Land* (fittingly, in L.A.), "Eva has been crawling the walls" with jealousy, says a source. "She's been turning up on set just to say hi, which is something she and Ryan always agreed they would never do. He had to ask her to stop visiting him at work."

Eva's suspicions have driven the couple further apart, the insider adds: "She's acting like a crazy lady. Ryan is one of the good ones, but she fails to see that because she's always assuming the worst. He's been really patient with her, but there's only so much he can take."

OK!

STRAIGHT TALK
Caitlyn's *Ellen* appearance sparked a shift in public support, after she admitted she doesn't "quite get" gay marriage.



CAITLYN STRESSED

When **Caitlyn Jenner** first emerged as a proud, outspoken woman last spring, the reception was purely positive.

From the buzz around *I Am Cait*, the E! series detailing her post-transition life, to the ESPY award honoring her courage in coming out, the transgender former Olympian, 65, was eyeing a future as bright and celebrated as her past.

But in recent weeks, as the show's ratings have dipped (from 3.9 million viewers for the premiere to a current average of 1.3 million) and the fanfare has bred backlash, sources say she's come undone in the face of relentless scrutiny.

AND MISERABLE

Her rep denies it, but an insider says, "Caitlyn's exhausted. She's grateful for all the love, but she never wanted to be a poster girl for LGBT issues. Everything she says and does is analyzed and picked over. She's getting tired of it."

COURT OF PUBLIC OPINION

Though Caitlyn has changed dramatically, her personality and world view have remained nearly the same —

much to the dismay of her fans.

During a Sept. 8 appearance on *The Ellen DeGeneres Show*, the lifelong Republican — a self-described "traditionalist" — explained that she's only ever considered marriage as a pact between a man and a woman but has lately relaxed her definition. "I don't ever want to stand in front of anybody's happiness," she said.

But **Ellen** wasn't convinced; the gay

GIRL TROUBLE

CAITLYN IS FINDING HER NEW PERSONA — CHIC, GLAM AND EVER-COIFFED — HARDER AND HARDER TO MAINTAIN



FACE FORWARD

Caitlyn has professed her love for manis and pro makeup jobs, but living up to her new standard of beauty is wearing on her, and she's starting to revert to her former look — casual and athletic. "Being a woman is much harder than she imagined," says a source.



RABLE

AS THE PUBLIC SWELL OF SUPPORT FOR **CAITLYN JENNER** DIES DOWN, THE NEWLY CROWNED LGBT SPOKESPERSON IS FEELING OVERWHELMED AND ALONE

talk show host later complained on air to **Howard Stern**: "[Caitlyn's] wanting people to understand and accept [her], and yet [she] still has a judgment about gay people and marriage."

Amid waves of criticism, Caitlyn blogged that she'd had a change of heart. "It became clear to me that everyone should be able to marry the person they love," she wrote. But while she appeared to have moved forward, sources say she felt

blindsided by the sudden shift in public favor. "The whole incident made clear that as much as the public loves her, they can turn on her in an instant," says a source. "And she felt like Ellen threw her under the bus. She says she's been near tears every day since!"

The source adds that Caitlyn is constantly being made aware that her transgender experience — that of a rich white person with unlimited

resources and support — is not relatable. And as *I Am Cait* viewers start tuning out and her once rallying family grows more distant ("Kim thinks she's ungrateful," claims a source), her well of positivity is running dry. "Caitlyn was devastated by the ratings drop," says a source, "and worries the show won't get renewed. What started out as a great time for her has gone all wrong."

OK!

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You're so confident in the "Cool for the Summer" video! When did it hit you?

I have been working on bettering myself not just physically but mentally. Working out and eating healthy and learning how to truly embrace a full lifestyle change.

I decided to just face my fears. Being able to show more skin in my video was a breakthrough for me, for sure.

What's different about your upcoming album, *Confident*?

I've never been more sure of whom I am as an artist. I really channeled the direction and vision that I had into what I wanted for this album. It truly is a far more "confident" album.

With all of your success, is there an accomplishment that you're especially proud of?

I started my own charity called "Lovato Treatment Scholarship Program." The most rewarding and satisfying feeling is when you're able to give back. Helping others struggle with mental health and addiction issues is truly important to me.

You've been with Skechers for a year. What do you love about Skechers Memory Foam footwear?

They are super comfy! While touring, I walk through a lot of airports which can get super exhausting and hurt my feet. Not good when I have to be ready to perform on stage in heels that night. Skechers Memory Foam is the perfect break!

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Outfield Jacket
GWFI514 PUR
Sizes XS-XL
\$60.00



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GO WALK
3



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Sizes 5-10, 11
\$62.00



Skech-Air Infinity
12111 BLHP
Sizes 5-10, 11
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Sizes 5-10, 11
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Blasts Sports Tank Top
GWF1502 GRY
Sizes XS-XL
\$48.00

Flex Appeal-Tribeca
12075 CCTQ
Sizes 5-10, 11
\$75.00



OK! TV Access

GO BEHIND THE SCENES WITH OK! TV

TAKING COVER

Nicky Hilton keeps her everyday style simple (as described in her book *365 Style*). But she was thrilled to step it up for her glam *Bella* New York cover shoot at Manhattan's iconic, 1920s-era Roosevelt Hotel. At a party sponsored by SilkPeel skin treatment to celebrate the issue, Nicky told OK! TV, "We shot it at this beautiful hotel with Valentino and all my favorite designers. It was a lot of fun!"



The Sept./Oct. issue of *Bella* also features Alexa Ray Joel, who says, "New Yorkers know how to put a little street and edge" into their style.



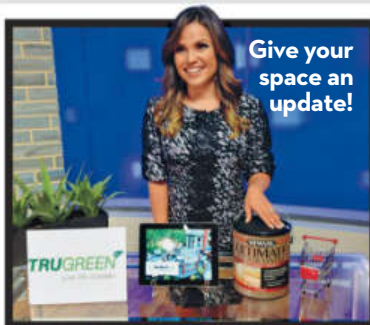
Brad says *Fashion Police* has gotten "into a good groove really quickly."

BOUNCE BACK

It wouldn't be Fashion Week without *El's Fashion Police*! OK! TV caught up with the hosts to get the scoop on the revamped show. "I think the format's really working," Brad Goreski said. "We love talking fashion and making fun of each other." Melissa Rivers added, "It's fun — we're not solving the world's problems!"

SHAKING IT UP

Where does Vivica A. Fox get business inspiration? Her film roles. She told OK! TV that after starring in *Chocolate City*, she realized "male revue is making a huge comeback." So she recently launched her own version in L.A., *Black Magic*. "Girls want to watch guys shake their moneymaker!" she says.



Give your space an update!

FALL FOR YOUR HOME

Lifestyle expert Michelle Yarn shared her fall home improvement ideas with OK! TV. First, a home warranty from American Home Shield is essential. Then you can design your new deck with the new TimberTech 3D App, use Minwax to make your floors beautiful and prep your lawn for spring with TruGreen.

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Chicago **The UToo**: 2 AM
Philadelphia **WPSG**: 8:30 AM

Dallas **KTVT**: 1:12 AM
Houston **KPRC**: 1:05 AM
Detroit **WADL**: 11 PM
Phoenix **KAZT**: 12:30 AM

Seattle **KONG**: 6:30 PM
Minneapolis **KSTC**: 11:30 AM
Denver **KDVR**: 12:30 AM
Miami **WBFS**: 12:30 AM

Salt Lake City **KTVX**: 12:37 AM
Las Vegas **KTNV**: 1:05 AM
West Palm Beach **WFLX**: 6:30 AM
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TOTAL TIME: 20 MIN.

SKILL LEVEL



Lifestyle expert **Katie Brown**, host of CreateTV's *Katie Brown Workshop* and editor-in-chief of Yahoo!'s DIY-focused channel, *Makers*, is a pro at easy entertaining. One her favorite appetizers — one that can be whipped up in minutes with ingredients you probably already have in the fridge — is a simple, bright, green olive tapenade. Katie amps up the classic Mediterranean dish by serving it alongside store-bought pitas that she bakes with paprika and garlic powder for a spicy kick. Guests will gobble it up!

KATIE BROWN'S

GREEN OLIVE TAPENADE

Ingredients

For tapenade

1 cup pitted green olives
1/2 cup olive oil
1/2 cup chopped parsley

2 tbsp. capers
1 tbsp. lemon juice

For spiced pitas

1/3 cup olive oil

1/2 tsp. garlic powder
1 tsp. salt
1/4 tsp. paprika
5 pitas

Directions

1. Preheat oven to 350°F.

2. *To make the tapenade:* In blender or food processor, add olives, olive oil, parsley, capers and lemon juice. Pulse for 30 seconds, or until olive mixture is chopped and well combined. Transfer into small bowl.

3. *To make the spiced pitas:* In small

bowl, combine olive oil, garlic powder, salt and paprika. Brush mixture onto each pita.

4. Bake pitas directly on oven rack or on baking sheet for 10 to 15 minutes, or until golden.

5. Remove pitas, let cool; cut each into eight triangle pieces. Serve alongside the tapenade.



But wait.
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TO TUNE IN TO KATIE BROWN WORKSHOP, CHECK LOCAL LISTINGS OR VISIT CREATETV.COM FOR SHOW SCHEDULE

OK! StyleWeek

Keke Palmer is KILLING IT!

MEET THE STAR OF ONE OF FALL'S HOTTEST NEW SHOWS

In her role on Fox's new comedy-horror series, *Scream Queens*, **Keke Palmer** plays an überstylish college student pledging a mean girls' sorority. We were dying to sit down with the 22-year-old up-and-comer, who always looks picture perfect.

How would you describe your signature look?

Youthful, sassy and sweet.

What's your biggest style indulgence?

Definitely shoes and great hair products.

What is the set of *Scream Queens* like when the cameras aren't rolling?

Most of my scenes are with **Skyler [Samuels]**. She and I usually talk about what's going on in our lives.

Any life-changing products you've come across?

I love Becca Shimmering Skin Perfector because it gives a nice glow; I recently teamed up with Playtex Sport, I'm so impressed with the Ultra Thin Pads. They allow me to work out comfortably.

IN THE SECTION...

54 Four style myths meant to be broken. Plus: The best plaid shirt designer and a yummy new lip balm.

56 OK!'S FALL BEAUTY AWARDS are here! Check out our favorite launches of the season, including this multiuse skin-clearing clay that triples as face mask, makeup remover and cleanser — and more!



Dermaclear Trans-foam Clay, Dr.Jart+, \$15; Sephora

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STYLE MYTHS

FOUR FASHION AND BEAUTY RULES THAT WERE MADE TO BE BROKEN



Be Legendary Lipstick in Legendary, **Smashbox**, \$20; smashbox.com

1

RED LIPS ARE FOR EVENING ONLY

Why wait until it gets dark to doll up? Jump-start your glam in the daytime with a swipe of red lipstick.



2

Sydney Satchel, **Fossil**, \$178; fossil.com

NEVER MIX BLACK AND BROWN

The once forbidden color pairing is trendy, and a handbag combining both shades makes shoe selection so easy.



3

Shayla, **Vince Camuto**, \$129; vincecamuto.com

SANDALS ARE SUMMER SHOES

Fall is about layering, and that includes your feet. Transition your open-toe sandals into cool weather with cute socks.



4

DON'T WEAR WHITE AFTER LABOR DAY

Leslie Mann proves the color can be chic year-round. Just ditch summer's cottons and linens for heavier fabrics, like wool or cashmere.

DESIGNER SPOTLIGHT: RAILS

A fall closet is not complete without a flannel shirt. If you're a fan of Rails (like **Beyoncé**, **Kendall Jenner** and **Jessica Alba**, who've all worn the brand), you can't help but own more than one! We chatted with designer Jeff Abrams about his collection.

How did Rails originate?

I grew up in Los Angeles, immersed in the arts — but living in Europe, I began to conceptualize what would become Rails. I wanted to blend the comfort of my Southern California lifestyle with the more refined sensibility I found abroad.



How do you make shirts that are so buttery soft?

I developed a unique Tencel/rayon blend that would maintain the classic shirting heritage but feel luxurious and drape in a sexy way.

What's next for the brand?

Outfitting our customers from head to toe with T-shirts, sweaters and jeans. Plus, developing our men's and Little Rails collections.

Do you have any advice for aspiring designers?

Focus on becoming great at something... not pretty good at a lot of things.

Carter Cutoff, **Rails**, \$138; railsclothing.com



Product of the Week

The latest addition to eos' lip balm lineup is this yummy Blackberry Nectar flavor, housed in a new sphere. The hydrating, softening formula inside, thankfully, remains untouched.



Visibly Soft Blackberry Nectar Lip Balm, **eos**, \$3; drugstores

JERGENS.



Leslie Mann

Your hair and face get all the love.

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Jergens is more than a moisturizer. You're more than just a pretty face.



Available at
Walmart 



This compact's smoothing, blurring effect brilliantly touches up foundation on the go.

Touche Éclat Blur Perfector, **Yves Saint Laurent Beauté**, \$55; yslbeautyus.com



Instead of applying spot treatment every hour, treat zits with long-wear, targeted salicylic acid patches.

Acne-Clear Invisible Dots, **Peter Thomas Roth**, \$30; sephora.com



Proof that antiaging cream can be sheer, lightweight and effective.

Skin Caviar Luxe Cream Sheer, **La Prairie**, \$430; Nordstrom



Self tan in the shower with this revolutionary, gradual formula.

Gradual Tan In Shower Lotion, **St. Tropez**, \$25; Ulta



Sexify yourself with help from **Sofia Vergara** and her magnolia and amberwood spritz.

Love By Sofia Vergara, \$55; Perfumania



Rachel McAdams wore this lipstick (with a built-in topcoat) for a shiny, long-lasting pop of pink.

Addict Lipstick in Be Dior, **Dior**, \$35; dior.com



So many options! These blush shades can be worn wet or dry, solo or layered.

Dual-Intensity Blush in Adoration, **Nars**, \$45; narscosmetics.com

32 PRODUCTS WE LOVE!

WE PRIMED, PRIMPED AND POLISHED TO BRING YOU THE BEST NEW MAKEUP AND MORE IN OUR ANNUAL **FALL BEAUTY AWARDS**

Absorb oil but keep your glow with this cake-free powder.

Tinted "Un" Powder in 3-4, **RMS Beauty**, \$34; rmsbeauty.com





Glow like Kim Kardashian, who uses this insanely creamy tinted moisturizer.

Crema Nuda in No 05 Warm Glow, **Giorgio Armani Beauty**, \$200; armanibeauty.com

A double-ended nail color pairs polish with a tinted top coat to create a thick, glossy, gel-like manicure.

Infallible Pro-Last Nailcolor in Perfect Peach, **L'Oréal Paris**, \$10; drugstores



For hair as thick and voluptuous as its name suggests.

Big Sexy Hair Push Up Thickening Finishing Spray, **Sexy Hair**, \$19; sexyhair.com



This handy two-in-one has a brow mousse for filling in arches and a highlighter to accentuate underneath.

Shadow & Light Brow Contour Mousse, **Becca**, \$25; Sephora



Go ahead, put off that salon visit. This natural-looking tint retouches roots ASAP.

Tint Shot Root Concealer, **Joico**, \$18; joico.com



Why not use a primer that prolongs shadow wear and defends your eyes against pollutants like smoke?

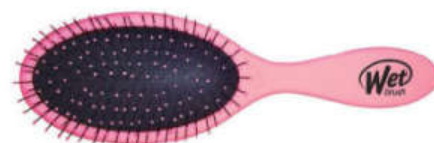
Air Patrol BB Cream Eyelid Primer, **Benefit**, \$29; benefitcosmetics.com

This curved mascara wand coats every last lash for incomparable volume, as seen on Gigi Hadid.

Volum'Express The Colossal Chaotic Lash Mascara, **Maybelline New York**, \$8; drugstores



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TheWetBrush.com

OK! STYLE WEEK BEAUTY



Replace texturizing salt spray with a less-drying sugar one, like this **Jackie Cruz** favorite.

Sweet Definition Texturizing Mist, **Keratin Complex**, \$16; keratincomplex.com



Gently remove even the most stubborn eye makeup.

Micellar Make-Up Remover Wipes, **Simple Skincare**, \$7; Target

Special light-reflectors make this creamy, metallic shadow a real showstopper.

Eye Polish Pure Pigment Eye Primer + Top Coat in Velvet, **Pür Minerals**, \$26; purminerals.com



Highly caffeinated guaraná (a plant from the Amazon) boosts circulation for a firm, smooth Brazilian-bikini-ready behind.

Brazilian Bum Bum Cream, **Sol de Janeiro**, \$50; soldejaneiro.com



Air-dry with a little help from this pouf-fighting hair cream.

Bb. Don't Blow It (H)air Styler, **Bumble and bumble**, \$30; bumbleandbumble.com



Scrunch and go – really! This styler's high-tech polymers hold waves in place.

Classic Wave Memoriser, **Toni & Guy**, \$15; shoptoniguy.com

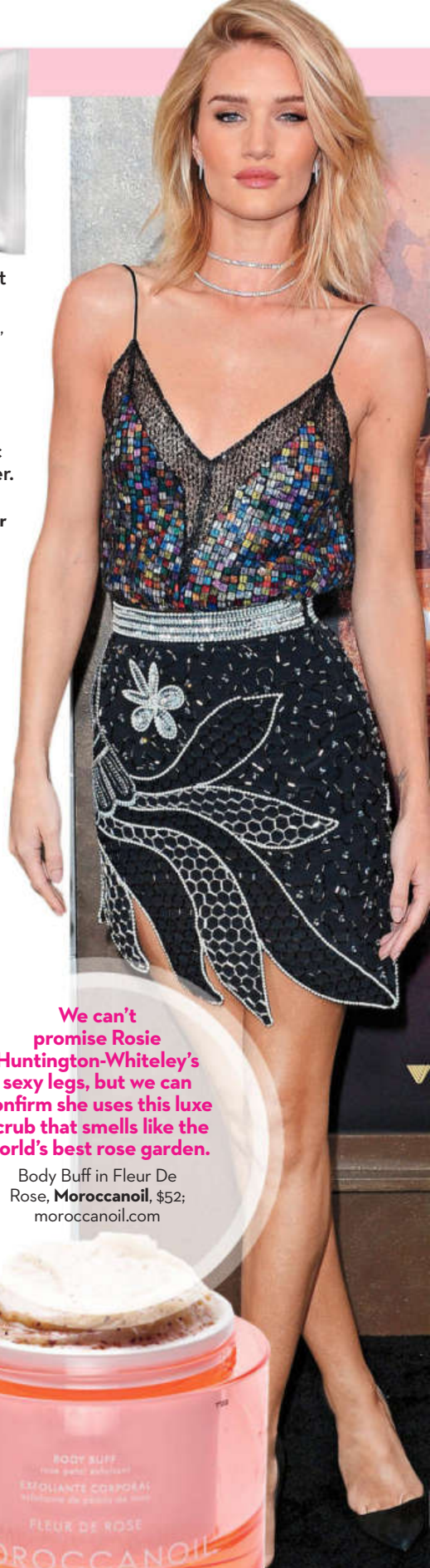


Protect strands and reduce frizz, like **Shay Mitchell**, who uses this high-tech vapor-infusion iron.

T-Studio PROtect Iron, **Remington**, \$80; Target

We can't promise **Rosie Huntington-Whiteley's** sexy legs, but we can confirm she uses this luxe scrub that smells like the world's best rose garden.

Body Buff in Fleur De Rose, **Moroccanoil**, \$52; moroccanoil.com





Bronzers can lack dimension, but this one's photoluminescent technology mimics a legit, just-back-from-vacation glow.

Ambient Lighting Bronzer, **Hourglass**, \$50; hourglasscosmetics.com

Go easily from thick to thin with the paddle tip of this liquid eyeliner.

Intensify Me! Liquid Eyeliner by LashBlast, **CoverGirl**, \$8; drugstores



Moisturize postshower and pretoweling (when skin is most absorbent) with this genius lotion made for wet skin.

Wet Skin Moisturizer With Refreshing Coconut Oil, **Jergens**, \$7; walmart.com



The glossiest of all lip glosses.

Revolution High-Color Lipgloss in Bittersweet, **Urban Decay**, \$22; urbandecay.com

This universally flattering tinted balm makes it easy to "keep calm and party."

Keep Calm and Lip Balm in Violet Blush, **Rimmel London**, \$2.50; drugstores



No more itches! This mild, soothing wash is pure relief. Itch Defense Body Wash, **Curel**, \$7; drugstores

Conceal and contour with this double-duty creamy, blendable crayon.

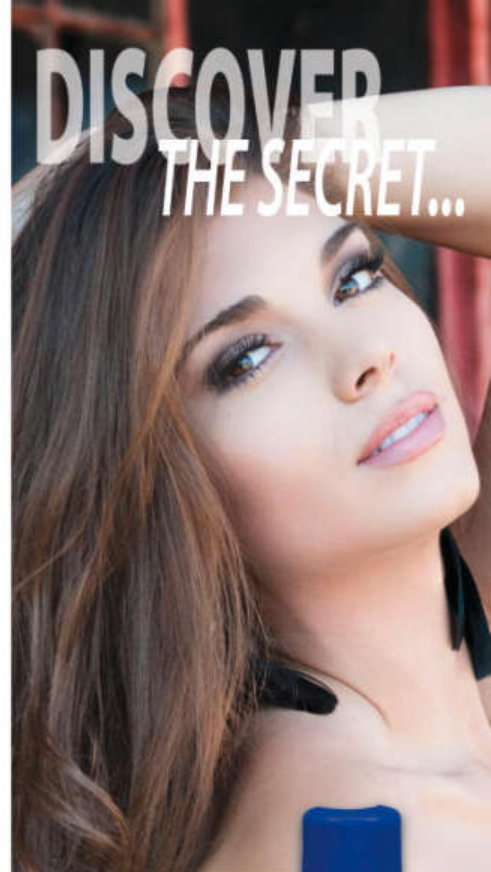
Perfection Stick, **AmazingCosmetics**, \$23; ulta.com



Ease waxing pain by more than a hair with pretreatment benzocaine wipes.

Ouch-Relief Numbing Wipes, **Sally Hansen**, \$3; drugstores

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004-13

OK! Entertainment

BY STEPHANIE KAPLAN



MOVIE PREVIEWS

THE INTERN

Robert De Niro, Anne Hathaway | PG-13 | Sept. 25

This heartwarming comedy tests the old adage about how you can't teach an old dog new tricks. Anne Hathaway stars as Jules Ostin, head of a fashion startup that enlists 70-year-old retiree Ben Whittaker (Robert De Niro) as her intern. Ben

defies expectations, quickly learning the ropes and even schooling the youngsters a bit in the game of life (his advice to bros who've hurt a girl's feelings: Apologize in person, not with emoji) — especially the ambitious and hard-driving Jules.

Who's the boss? Surprise — it's Anne!

99 HOMES

Andrew Garfield, Michael Shannon, Laura Dern | R | Sept. 25

Andrew Garfield plays Dennis Nash, a down-on-his-luck single dad who's living with Mom (Laura Dern) in this emotional drama. Dennis' life takes a turn for the worse after real estate broker Rick Carver (Michael Shannon) knocks on the door to inform him that their house is in foreclosure. In an ironic twist, after he's kicked out of his home, Dennis takes a job with Carver — but quickly finds he doesn't have the stomach to evict others from their homes. In over his head, the determined young dad has to figure out what's best for his brood.

Dennis finds himself stuck between a rock and a hard place.



OK! BEST OF THE WEEK

MARK YOUR CALENDAR FOR THESE SHOWS YOU WON'T WANT TO MISS!

THE GOOD WIFE

With no one to answer to, Alicia (Julianne Margulies) is boldly taking advantage of her newfound freedom in the season 7 premiere. **Sun., Oct. 4, at 9 PM ET on CBS**



THE VAMPIRE DIARIES

Now that Elena, the love of his life, is gone, will reconnecting with his mom be enough to keep Damon (Ian Somerhalder) from causing a bloodbath in town? **Thurs., Oct. 8, at 8 PM ET on The CW**

BILLY ON THE STREET

Billy Eichner is back, stalking the streets of NYC with hilarious hijinks! Anna Kendrick and Sarah Jessica Parker are among the featured guest stars for season 4. **Thurs., Oct. 8, at 10:30 PM ET on truTV**



UNDATEABLE

Ladies' man Danny Burton (Chris D'Elia) and his gang of friends are back for a comical third season to deal with the ups and downs of the dating world. This go-around, each weekly episode will air live! **Fri., Oct. 9, at 8 PM ET on NBC**

TV PREVIEW

AMERICAN HORROR STORY: HOTEL

Wed., Oct. 7, at 10 PM ET on FX



Lady Gaga brings her nickname, Mother Monster, to life in the fifth installment of this creepy series, playing Countess Elizabeth, a centuries-old bloodsucker who owns Hotel Cortez, home to her 10 identical tots. Though he won't reveal much, creator **Ryan Murphy** has fans psyched, as he promises "the most disturbing scene" in the show's history is about to rear its ugly head. Yikes!

TA'RHONDA JONES STAR OF EMPIRE

OK! Q&A

Ta'Rhonda Jones has rocketed into the spotlight since nabbing a role on *Empire* as Porsha, music boss Cookie Lyons' colorful assistant — a role she says she "pretty much ad-libbed" the whole way. **OK!** caught up with the star to talk about season 2 and her surprising career.

Will we learn more background information about Porsha this season?
I'm still doing my own hair and makeup, so you get to see more crazy, colorful hair, I can give you that! And our wardrobe director is taking her clothes to another level.

Will Porsha's allegiance to Cookie remain intact?
There's a lot of betrayal going on,

but it's not Porsha's fault — she's so greedy, she doesn't know any better.

What have you learned so far from Taraji P. Henson, who plays Cookie?

That you could go a long way being yourself. She said, "That's what got you here, baby — you being you. So you do you!"

What's been creator Lee Daniels' toughest critique?

I haven't received a critique from Lee yet — everything is all good!



Catch *Empire* on Wednesdays, at 9 PM ET on Fox.

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BY AMY



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I LOVE HAIR VOLUME!
BY FRANCINE



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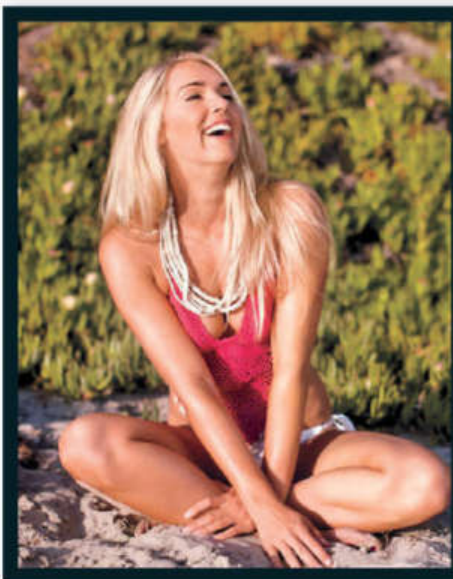
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GET PERFECT POSTURE



PART TWO MORE MOVES TO HELP YOU TAKE A STAND AGAINST SLUMPING

THE EXPERT: NORA TOBIN

Nutrition and performance specialist, fitness consultant for *Four Seasons* and *Shape* contributing editor.

Last week, you learned how poor posture can undermine even the healthiest diet and fitness routine. Sitting at a desk for hours, hunching over your computer and teetering in high heels can sabotage the sleekest of physiques, undermining your ability to stand tall and look your best (not to mention putting you at risk for all kinds of injuries). In part two of our special posture-improvement feature, you'll learn two new exercises that will help mitigate the damaging effects of a busy workweek and retrain your body to maintain proper posture at all times, no matter what you're doing.

For additional health and fitness tips, follow Nora on Instagram: @NoraTobin and visit noratobin.com

STRAIGHTEN UP

Perform each exercise for one minute, ideally three times over the course of the day.

CAT AND COW

1. Position yourself on all fours, with wrists under shoulders and knees hip-width apart. Spread your fingers wide and form a straight spine. Drop your belly and lift your chest, gazing toward the sky. Hold for one to two seconds.
2. Exhale and round the back, tucking your chin and gazing toward your belly button. Hold for one to two deep breaths. Repeat this movement at a controlled pace.



LEG EXTENSIONS

1. Remaining on your hands and knees, drop your forearms to the floor and clasp your hands under your nose. Bring right leg up to hip height, extending so that it is parallel to the floor, and hold for one deep breath.
2. Bend at the knee to move your foot toward the glutes. Hold for one deep breath. Extend leg to straight again. Throughout the exercise, keep your right thigh parallel with the floor and torso still. Switch sides and repeat the movements for one minute.



TURN BACK THE CLOCK

Next week, Nora kicks off a special four-part antiaging series, featuring the best workouts, nutrition tips and products for maintaining an ageless look — like SeroVital-hgh, an amino acid-based dietary supplement that encourages the body to produce human growth hormone (that magic elixir the rich and famous swear helps keep them slim, trim, wrinkle-free and young) at more youthful levels (\$99 at Ulta and serovital.com).

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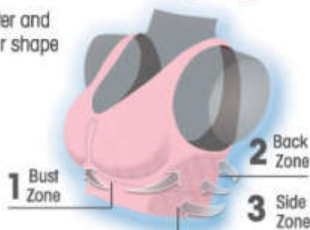
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OK! PUZZLE

WHAT

ABOUT RIGHT NOW

WHO'S THAT GIRL?

THIS STAR'S NEW LOOK HAD US WIGGING OUT!

We were scratching our heads, trying to suss out who's behind that heavy tan, dark hair and bright baby blues! Did **Kendra Wilkinson** dye her locks? Maybe **Lil' Kim** decided to reprise her circa-2007 look? Heck, is that *Mob Wives* star **Big Ang** after a makeover? None of the above. We were shocked to learn the busty babe is none other than model **Amber Rose**! No word on the reason for the image overhaul (entering witness protection?), but she certainly had us fooled! The next day, she was back to her signature platinum buzz cut and not-orange face — thank goodness.



BIG ANG?



KENDRA?



LIL' KIM?



AMBER?

A Simple Weight Loss Secret

How One Fit Mom of 3 Got Her Body Back



"No matter what your goal, whether it's to lose a few pounds, or to completely transform your body, you can make it happen."

Sarah Evans, mother of 3, is living proof that having the body of your dreams is indeed achievable with even the busiest schedule.

Open any fitness magazine, or jump on social media, and you're bombarded with rock-hard abs, toned glutes and inspirational quotes telling you to sacrifice everything to attain your fitness goals. Instead of feeling inspired it can easily leave you feeling deflated. It's challenging balancing all of the responsibilities and priorities in your life and making room for your own fitness goals.

Here's the good news: Achieving a toned and healthy body is completely attainable, even for the busiest of us – you just need to know where to begin.

Before having my kids, I was never very active and I definitely wasn't into fitness. It took the birth of our third child to realize that fitness needed to become a part of my life, especially if I wanted to stay healthy and live a long, happy life. I know firsthand how challenging it can be to live an active lifestyle with the responsibility of having three kids. Sometimes I feel like there's

just not enough time or energy in the day to get done all the things that I need to do, let alone take care of myself. I wake up early and exercise before getting the kids up for school. Some days my batteries are low and it's hard for me to find the energy and motivation to get my body

"Supplements have played a big role in helping me achieve and maintain my health, energy and fitness. What I put in my body matters to me. That's why I've stuck with BPI products. They care about quality and I feel they care about their customer's results."

going. That is until I discovered Pre-workout supplements. The one I found in my local grocery store was called 1MR Vortex. It caught my attention because it called out the fact that it would fuel my workouts – and that's exactly what I needed! I mix one scoop of it in my bottle of water before I exercise – and it actually tastes really good. Not only did it give me the energy I was looking for,



but I also started to lose weight faster and found myself getting more toned. After doing some research online I discovered that many of the key ingredients in the product had real weight loss benefits. Combining this, with eating better, I've been able to completely change my body.

No matter what your goal, whether it's to lose a few pounds, or to completely transform your body, you can make it happen. You make time for what's important. I wanted to feel comfortable and confident in my own skin, and I wanted to have the energy to keep up with my kids. In short, I wanted to enjoy my life. I've found that now, and if I can do it, then so can you:

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*Sarah Evans is a member of Team BPI and has received complimentary BPI products in exchange for her testimonial.

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OK! BUZZ



The *Bachelorette*'s Nick Viall, with his date, model Kelly Thomas



LuAnn de Lesseps celebrated her Best Smooch Award from Lip Smacker with Kristen Taekman.

Sammi "Sweetheart" Giancola

RUNWAY READY

NY FASHION WEEK

CELEBS AND TRENDSETTERS CELEBRATED OUR ANNUAL NEW YORK FASHION WEEK PARTY

The fashionable and beautiful came together for a night of pure fun. *OK!*'s annual New York Fashion Week event — held Sept. 15 at Haus nightclub in Tribeca — was the place to be seen after the shows. Some of our fave celebs were in attendance, like *The Bachelorette*'s Nick Viall and *The Real Housewives of New York City*'s LuAnn de Lesseps and Kristen Taekman. DJ Tom Macari kept VIPs — including Karrueche Tran and boxer Lennox Lewis — dancing all night long. Thanks to sponsors Air Optix Contact Lenses, Lip Smacker, Milani Cosmetics, Pure Silk, Freixenet Cava, XO Mints, Garrett Popcorn, Three Olives Vodka, Amstel Light and Xo, G Wine, it was a bash partygoers won't forget!

Guests enjoyed the Garrett Popcorn flavors.



Karrueche Tran and Chantel Jeffries



Luis D. Ortiz tried the flirtatious mint, XO Mints.



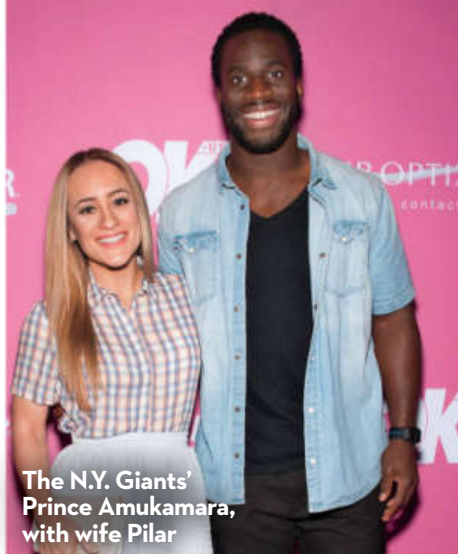
Teni Panosian sampled the Pure Silk.

Milani Cosmetics sponsored the gift bags.





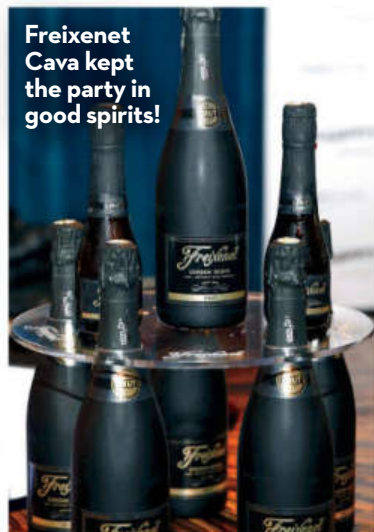
Aviva Drescher



The N.Y. Giants' Prince Amukamara, with wife Pilar



N.Y. Giant Trevin Wade, with wife Courtney



Freixenet Cava kept the party in good spirits!



Impractical Jokers' James "Murr" Murray and Joe Gatto



Aubrey O'Day and Shannon Bex of *Dumbledore* flanked *Teen Mom 2*'s Janelle Evans.



Pierson Fodé of *Naomi & Ely's No Kiss List*



DJ Tom Macari



Former heavyweight champion Lennox Lewis



The Air Optix Contact Lenses Photo Booth was a hotspot.



The *Real Housewives of Atlanta*'s Claudia Jordan

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OK! BUZZ

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Your tot will earn rock-star status in this adorable onesie.

First Mix Tape, Mom's Heartbeat One-Piece, **Little Boogaweezin**, \$28; littleboogaweezin.com



POSTERIOR PROTECTION

This line of diapers provides unbeatable skin care for newborns!

Little Snugglers Diapers, **Huggies**, 24-count, \$12; grocery stores nationwide

Mommy Must-Haves!

Check out the gear that will help make motherhood a breeze

A TRENDY TOTE

Stuff this stylish diaper bag with everything your little one needs.

Honest Co X RM Baby Bag, **Rebecca Minkoff**, \$395; rebeccaminkoff.com



OLIVER'S TIME TO SHINE

KATE HUDSON'S BIG BRO BREAKS OUT WITH TWO NEW GIGS

Look who's stealing the spotlight! In its October issue, *Men's Fitness* named **Oliver Hudson**, 39, one of this year's Game Changers, thanks to the way he balances three big roles: star of Fox's new horror-comedy *Scream Queens*; spokesman for FL2, the just-launched men's line in sister **Kate's** Fabletics athleticwear brand; and dad. "As the father of three active and crazy kids, I need clothes that let me feel comfortable throughout the day but also have a

sense of style," Oliver explained. "FL2 takes me from school drop-off to my workout to dinner with my family. I may stink, but damn, I look good." Gotta say, we agree! (That's an FL2 cardigan he's wearing, left.) Check out clothes for the man in your life at fl2.com.

Pick up the October issue of *Men's Fitness*, on stands now.



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OK! HOT THIS WEEK

THE TRENDS A-LI... ARE LOVING

THE EAST COAST'S BEST NAIL SALON

You may think Manhattan's chichi salons are the cream of the crop, but the best mani-pedi around may well be found outside the Big Apple. Tucked away in charming Westport, Conn. — a bucolic suburb about 50 miles northeast of NYC — Amenity Nail Spa is the prime destination for expert nail and spa treatments. Opened in July, the second Connecticut salon from husband and wife Yip Zhao and Sandra Chen boasts all the features of a modern, high-end nail spa with a refreshingly down-to-earth, family feel. "It's my customers' nail spa, not mine," says Sandra, who's amassed a long list of loyal regulars over her 14 years in the biz. "Most people who come for a spa pedi end up sending their friends and relatives."



The look is modern and the chairs are supercomfy at Amenity Nail Spa in Westport.



BEAUTY BOOSTER

Keep nails and tresses strong and shiny with ResVitale's Keratin Enhance, a dietary supplement that delivers an extra dose of keratin — a key structural protein in hair and nails — to your body. Available at GNC and gnc.com.



LIPSMACKER Gingerbread Girl

A TASTE OF THE HOLIDAYS

Start squirreling away stocking-stuffers, thanks to Lip Smackers! On Oct. 1, the classic lip balm brand will release seven new holiday-themed flavors: Gum Drop, Candy Cane, Sugar Plum, Caramel Cider, Gingerbread Girl, Peppermint Macaroon and Snowflake Cocoa. Buy them individually at \$1.95 each or check out the cute gift sets that start at \$4.99.

SMOOTH SKIN IS IN

Why mess with success? Palmer's Cocoa Butter Formula has been around since the '70s — and when you experience the supersoft skin it delivers, you'll know why. This velvety-soft, quick-absorbing formula, enhanced with vitamin E, creates a protective barrier over skin that locks in moisture. Perfect for all skin types — from

normal to dry to eczema-prone — it effectively heals and softens, leaving skin smooth, supple and beautiful. \$5.50, palmers.com



OK! BARTENDER

This easy-to-make cocktail is a great way to celebrate every occasion!

GROWN-UP CHERRY COKE

Ingredients: (For 1 drink)

- 1½ oz. Burnett's Cherry vodka
- 4½ oz. Coca-Cola

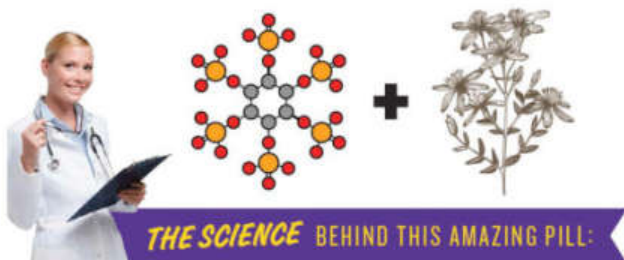
Directions: Pour ingredients into glass with ice; garnish with lime and cherry.

ARE YOU FEELING ALONE, DESERTED OR AT A LOSS AT THE END OF A RELATIONSHIP?

EASE EMOTIONAL DISTRESS WITH NEW, 100% NATURAL "HEARTBREAK RELIEF"

Did you know that emotional pain shares the same neuropathways as physical pain? This is why a "Break Up" feels like someone kicked you in the stomach. When experiencing a break up, many people become flooded with intense feelings like hopelessness and distress, and sometimes those feelings don't seem to go away. Does this sound familiar? Well, there's good news!

A group of scientific researchers have discovered a powerful, all-natural, proprietary blend that's designed to help alleviate the level of emotional distress associated with a break up, helping you feel happy, confident, and getting you back "on your feet" again - they call it "The Break Up Pill."

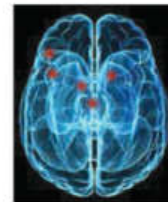


Here's how it works: during a break up, our body treats the emotional pain the same way it treats the physical pain. Hormones are released as a form of protective action. Chemical signals like Norepinephrine, which is similar to adrenaline, plummet, leaving us energy-deprived and unmotivated. In addition, the body is also releasing Cortisol - "the stress hormone" - on a consistent basis, and too much Cortisol, according to Dr. Sood, chair of Mayo Mind Body Initiative at Mayo Clinic, "can lead to serious issues."

The Break Up Pill™ packs a remarkable combination of powerful, all-natural ingredients; such as Inositol, often referred to as "natural brain food," plus St. John's Wort Extract, to aid in energizing our body and brain, making us feel alive again. Fatty acids, such as Fish Oil and Borage Oil contribute to the decrease of inflammation and nerve damage. Saffron Extract and S-Adenosyl-Mehionine have been shown in studies to help ease emotional distress!



A study recently published in the *Journal of Neurophysiology* suggests that "Romantic Rejection" triggers areas of the brain involved in Motivation & Addiction.



Researchers at Stony Brook University in New York used functional magnetic resonance imaging (fMRI) to study brain activity in 15 men and women who had recently been involved in a romantic rejection (Break Ups), finding results that are "consistent with the hypothesis that romantic rejection is a specific form of addiction ..."

- ✓ Increase Self-Esteem
- ✓ Improve Self-Confidence
- ✓ Decrease the Feeling of Loneliness
- ✓ Healthy Appetite
- ✓ 100% All-Natural
- ✓ 100% Safe and Effective
- ✓ No Known Side Effects

Inositol

"Natural brain food" targets our neural pathways to help improve mood disorders.

St. John's Wort Extract

Aids in energizing our body through the central nervous system, making us feel "alive."

Fish Oil

Contributes to the decrease of inflammation and nerve damage.

Borage Oil

Helps alleviate symptoms of autoimmune disorders and neural inflammation.

Saffron Extract

Helps provide a special beneficial lift for mood disorders.

S-Adenosyl-Mehionine

Targets the methylation pathway... leading to an increase in energy and mood.

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CLAIRE DANES

BY THE NUMBERS

FUN, FAST FIGURES ABOUT YOUR FAVORITE CELEBRITIES

250

In hundreds of thousands of dollars, her per-episode salary for Showtime's critically acclaimed series *Homeland*.



\$20,000,000

Claire's net worth

2

Board games (Boggle and Scrabble) she bonded over with her husband, Hugh Dancy, after meeting him on the set of 2007's *Evening*. The couple wed in 2009.



1998

Year she enrolled at Yale (she dropped out two years later to return to acting).



19

Episodes of ABC's *My So-Called Life* Claire starred in when she was 15 (winning her first Golden Globe for the role) before it was canceled.

1

City — Manila, Philippines — that banned her films after Claire made negative comments in interviews about filming *Brokedown Palace* there.



3

Circus trappings featured in her parents' SoHo apartment: a swing, trapeze and trampoline.



4

Number of Golden Globe Best Actress statuettes she's earned.



"SHAVING WITH SOAP AND WATER
WON'T GET YOUR LEGS
THIS SOFT AND SMOOTH!"

- Jana Kramer



SHAZAM THIS PAGE
TO PREVIEW HER ALBUM



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thirty one | Available 10/9

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from Jana's new album, *thirty one*,
and chances to win prizes, visit
JanaKramer.com/PureSilk



PureSilk

Pure Silk Shave Cream contains aloe to moisturize your
skin, giving you the smoothest, most touchable legs
without irritation. Shaving with Pure Silk is the easiest way
to love your legs!



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